

Women's Ice Hockey Organization (**WIHO**) and Hong Kong Amateur Hockey Club (**HKAHC**) are happy to announce an "**Elite Training & Development Program**" led by **Coach Christian YNGVE**. Coach Christian is an accomplished professional Coach from Sweden with an Olympic Bronze Medal under his belt. More recently, he came from Coaching Spain's National Team to achieve Gold and advancing them to the next division.

This Elite Training & Development Program will be catered to the higher calibre Female Players in Hong Kong. Players joining this Elite Program will be expected to commit to the program as well as to help the youth development program in Hong Kong and be part of Hong Kong Women's Ice Hockey League (HKWIHL) which is the training ground and part of a feeder system for Hong Kong. It is only with HKWIHL that Hong Kong is eligible to participate in the IIHF World Championship competition. Coach Christian will also oversee and advise HKWIHL and in particular players who have joined the Elite Training & Development Program.

Applications are now open to all female hockey players who wish to participate in 2018/2019 Elite Training & Development program from August 2018 to May 2019.

2018/2019 ELITE TRAINING & DEVELOPMENT PROGRAM:-

OFF ICE TRAINING – 31 sessions on Saturday (15:00 to 17:30) – First dryland starts on 4 August 2018

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|-----------------------------|-----------------------------|----------------------------|
| 4, 11, 18, 25 August 2018 | 1, 8, 22 September 2018 | 6, 13, 20, 27 October 2018 |
| 3, 10, 17, 24 November 2018 | 1, 8, 15 December 2018 | 26 January 2019 |
| 16, 23 February 2019 | 2, 9, 16, 23, 30 March 2019 | 13, 27 April 2019 |
| 11, 18, 25 May 2019 | | |

ON ICE TRAINING – 38 Practices – First practice starts on 7 August 2018 (Tues) at 20:00 22 Practices @ Mega Ice (Tuesday – 1 hour / 20:00 – 21:00)

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|--------------------------|-------------------------|-------------------------|
| 7, 21, 28 August 2018 | 11, 18 September 2018 | 16, 23, 30 October 2018 |
| 13, 20, 27 November 2018 | 4, 11, 18 December 2018 | 8 January 2019 |
| 19, 26 February 2019 | 12, 19, 26 March 2019 | 9, 16 April 2019 |

1 Practice @ Mega Ice (Friday – 1.5 hours / 22:15 – 23:45)

10 August 2018

15 Practices @ Elements / Dragon Centre (Monday – 1 hour / 21:15 – 22:15)

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|----------------------------|---|-------------------------|
| 8, 15, 22, 29 October 2018 | 5, 12, 19, 26 November 2018 | 3, 10, 17 December 2018 |
| 7 January 2019 | February – April 2019 (to be confirmed) | |

*** Dates may be changed

CLASSROOM SESSIONS – 15 classroom sessions on Friday at KITEC (20:00 – 21:30)

*** Classroom sessions may be added, cancelled or rescheduled

EXHIBITION GAMES – 2 Exhibition Games vs Other Teams | 2 Exhibition Games vs HKWIHL All Stars

(16 November 2018 & 4 January 2019) (19 October 2018 & 7 December 2018)

TRAINING CAMP – We may organize a Weekend Training Camp – venue/place and date to be determined.

TOURNAMENT – We may participate in a tournament. Tournament and Date(s) to be confirmed.

CRITERIA:-

- Female Players * (Players born in 2006 or earlier. Age 18 & under must have a Parent / Guardian sign on their behalf)
- Experienced Players * (Final decision will be made by WIHO & HKAHC)
- Willing to work hard and prepare yourself to skate outside your comfort zone
- Willing to join Hong Kong Women's Ice Hockey League

FEES / SPONSORSHIP:-

Cost to join the Elite Training & Development Program will be **HK\$6,000**. Payment upon receipt of an email confirming your participation. Committed to training and developing female ice hockey in Hong Kong, WIHO & HKAHC will heavily subsidize the deficit of organizing the Elite Training & Development Program.

REGISTRATION DETAILS:-

STEP 1 – Complete the attached Registration Form and return to icehockeyasia@gmail.com

STEP 2 – If accepted into the Elite Program after receiving email confirmation, payment made by way of:-

- a. Cheque – hand in the cheque prior to on-ice session (payable to "**WOMEN'S ICE HOCKEY ORGANIZATION**")
- b. Bank Transfer –

| | |
|--------------|-----------------------------------|
| Bank Details | : Wing Lung Bank |
| Account Name | : Women's Ice Hockey Organization |
| Account No. | : 611-201-0182-0 |

Please send your bank slip with player's name to Kevin by (1) email or (2) Whatsapp

STEP 3 – WIHO will send out an email to confirm your registration. If you do not receive an email by **Monday, 6th August 2018**, please contact Kevin Leung at +852.9199.3711 or email icehockeyasia@gmail.com.



**2018 - 2019 WIHO / HKAHC
ELITE TRAINING & DEVELOPMENT PROGRAM
APPLICATION FORM**



| I. Participant Information (Information collected will be used for player registration. All information collected will be strictly confidential.) | | | | | |
|---|--|---------------|--|-----------------|--------|
| First Name in English | | Last Name | | Name in Chinese | |
| Name on Passport/HKID Card | | Birth Country | | Nationality | |
| Date of Birth (dd.mm.yyyy) | | Age | | Email | |
| Postal address | | | | | |
| Contact no. (Home) | | Mobile | | Height | Weight |
| Parent/guardian of participant under the age of 18 | | | | | |
| First Name in English | | Last Name | | Name in Chinese | |
| Relationship to Participant | | Mobile | | Email | |

Does the participant have any medical history that the Clubs should be aware of? No Yes, Please specify : _____

| II. Participant Playing Information (Please circle the appropriate option(s).) | |
|--|---------------------------------------|
| Registered Club (if any) | |
| Previous Playing Country(ies) | |
| Number of Years of Experience or Hockey Experience | Months / Years |
| Playing Position | * Forward / Center / Defense / Goalie |
| Player Shoots | * Left / Right |
| Goalie | * Left / Right Hand Catch |

| III. Emergency Contact | | |
|------------------------|---------------------------|----------------------|
| Name(English) : _____ | (Name in Chinese) : _____ | Relationship : _____ |
| Contact No. : _____ | Mobile Phone No. : _____ | |

| IV. Enrollment Procedure |
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| 1. Complete the Registration Form and return to : icehockeyasia@gmail.com 2. Upon receipt of email confirmation of participation, payment can be made by way of:- <ul style="list-style-type: none"> ▪ Cheque (payable: Women's Ice Hockey Organization), postdated cheque will not be accepted. Please write down the participant name and telephone number on the back of the cheque. Hand in the cheque prior to on-ice session. ▪ Bank transfer – Please send in your bank slip with participant's name by (1) email (icehockeyasia@gmail.com) or (2) Whatsapp (+852.9199.3711) Bank Details : Wing Lung Bank Account Name : Women's Ice Hockey Organization Account No. : 611-201-0182-0 |

| V. Terms and Conditions |
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| <p>Property Responsibility - The responsibility in respect of facilities and premises used by HKAHC/WIHO (collectively called the Clubs), including, without limitation, ice rink skating surface, the surrounding Plexiglas barrier, the rink support area, its interior and furnishings, the rink surfacing equipment and injury to other participants participating therein, will be that of each individual participant (and /her parents/guardian where applicable). Likewise, the participant (and her parents/guardian where applicable) is also responsible for any damage that may be caused, for instance, by the throwing and/or shooting of pucks and/or other objects over the rink barrier into the mall common area and possible harm or injury may be caused to any person, storefront, property of Mega Ice, MegaBox, and/or its tenants. The participant (and her parents/guardian where applicable) shall indemnify the Clubs, its affiliates and sponsors and their respective directors, members, officers, employees, agents, coaches and referees for the forgoing.</p> <p>Management During Rental Period - The management of the facilities and premises used by the Clubs (including, without limitation, Mega Ice, MegaBox, the loading docks and surrounding areas) while being utilized by the participant will remain with the manager of Mega Ice, MegaBox, Rink Management Group Limited and the Clubs. The participant will follow the instruction of the manager of Mega Ice, MegaBox, Rink Management Group Limited and the Clubs.</p> <p>Personal Data Collection - To ensure that the participants are well informed as to the activities of the league, offers and promotions, information and updates will be delivered to participants through email. Please be assured that the Clubs will safeguard your personal data.</p> <p>Disclaimer - The participant (and her parents/guardian where applicable) agrees that she takes part in the activities of the Clubs at her own risk. The participant (and her parents/guardian where applicable) exempts, waives and releases the Clubs, its affiliates and sponsors and their respective directors, members, officers, employees, agents, coaches and referees ("releasees") from all claims for liability (whether actual, direct, indirect, incidental, consequential, special, exemplary, punitive or otherwise) and cause(s) of action, including, without limitation, for death, personal injury, accident to person, damage to, loss of and/or destruction of property whether or not caused by negligence including the negligence, if any, of releasees. The participant (and her parents/guardian where applicable) further acknowledges that there may be risks and damages not known or not reasonably foreseeable at this time. Without affecting the generality of the forgoing, it is agreed as follows:</p> <p>Security of Property - Mega Ice, MegaBox, Rink Management Group Limited or the Clubs will not be responsible for the loss or damage of the participant's properties before, during or after the rented ice time. It shall be the responsibility of each participant (and her parents/guardian where applicable) to provide for her own security.</p> <p>Loss, Injury and Accidents - Neither the manager of Mega Ice, MegaBox, Rink Management Group Limited nor the Clubs will be responsible for any injury, accident to person, or damage to, loss and/or destruction of property inside Mega Ice, MegaBox and their respective loading docks, or surrounding area. Use of the ice surface is entirely at the risk of the participant (and her parents/guardian where applicable). Accidents occurring on or off the ice will be the responsibility of the participant (and her parents/guardian where applicable) and it is therefore suggested that the participant (and her parents/guardian where applicable) should consider her own insurance coverage.</p> |

Player / Parent / Guardian signature

Date (dd.mm.yy)